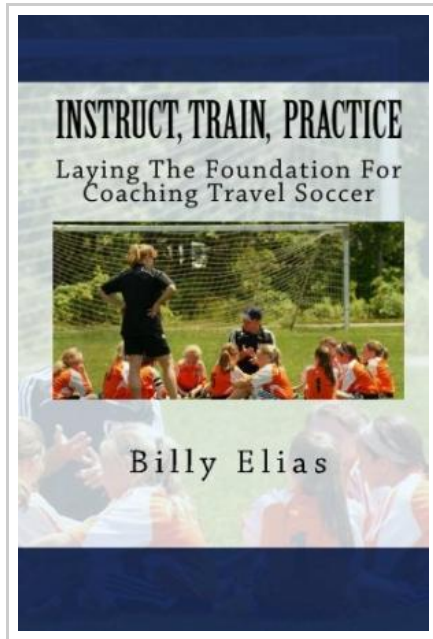




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Instruct Train Practice: Laying the Foundation of Coaching for Travel Soccer (Paperback)

By Billy Elias

Createspace, United States, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Instruct Train Practice is a great resource for the parent coach. It not only covers the basics in coaching soccer, but also helps you to find your philosophy of play, how to develop coaching points that will help your practice, your drills, and your players work within your system. I.T.P. also teaches you how to design, run, maintain, and progress not only your system but your players as well. It is packed with 13 fully illustrated drills to help better train your team. This project is designed to give coaches the basic understanding and ability to coach a team of youth soccer players made up of different temperaments, backgrounds, and upbringing, while bringing them together as a cohesive, producing unit. Whether it is dealing with players, parents, organizing your team, or discovering philosophies on coaching I.T.P. will meet the basic needs of the parent coach who have never played the game of soccer or coached.



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