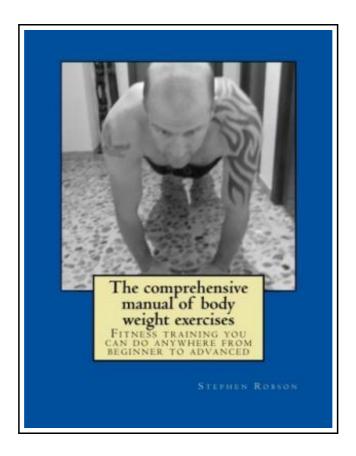
# The Comprehensive Manual of Body Weight Exercises: Fitness Training You Can Do Anywhere from Beginner to Advanced (Paperback)



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